

Y not Tri Indoor Triathlon

December 31, 2017

Chattanooga Downtown YMCA

10 Min Swim/30 Min Bike/20 Min Run

Weather Conditions: Perfect, it was indoors :)

Scoring Rules

Swim: Each completed length earns 1 point.
 Bike: Record total miles and multiply by 4.
 Run: Record total mileage and multiply by 10.
 Add up Swim, Bike, and Run points.

Course Records:

Swim	Male	Distance	Year	Female	Distance	Year	
RICK	SCHUMACHER	34.00	Feb 2016	SUSANNA	KIRBY	31.00 Feb 2016	
Bike	RAFAEL	CARMONA	17.60	Mar 2017	EMILY	THOMSON	19.50 Dec 2017
Run	RYAN	SCHUMACHER	3.73	Jan 2017	LESLIE	GENTRY	2.98 Dec 2017
Overall	RYAN	SCHUMACHER	139.50	Jan 2017	LISA	BECHT	115.40 Feb 2016

First	Last	Class	Place	Age Group	Start Time	Swim					T1	Bike				T2	Run				Total Points
						Lengths	Yards	Time	Per 100/M	Lengths*1		Miles	Time	MPH	Mileage * 4		Miles	Time	Pace	Mileage * 10	
Bruno	Martins	M	1ST OA MALE	35 to 39	9:15 AM	25	625	0:10:00	0:01:45	25.00	0:10:00	16.8	0:30:00	33.60	67.20	0:10:00	3.30	0:20:00	06:04	33.00	125.20
James	Hinz	M	2ND OA MALE	40 to 44	9:50 AM	21	525	0:10:00	0:02:05	21.00	0:10:00	15.1	0:30:00	30.20	60.40	0:10:00	3.02	0:20:00	06:37	30.20	111.60
John	Brock	M	3RD OA MALE	25 to 30	9:50 AM	22	550	0:10:00	0:01:59	22.00	0:10:00	13.9	0:30:00	27.84	55.68	0:10:00	3.32	0:20:00	06:01	33.20	110.88
Emily	Thomson	F	1ST OA FEMALE	Under 14	8:40 AM	23	575	0:10:00	0:01:54	23.00	0:10:00	19.5	0:30:00	39.00	78.00	0:10:00	2.08	0:20:00	09:37	20.80	121.80
Lisa	Becht	F	2ND OA FEMALE	30 to 34	9:50 AM	24	600	0:10:00	0:01:49	24.00	0:10:00	14.5	0:30:00	29.00	58.00	0:10:00	2.93	0:20:00	06:50	29.30	111.30
Michelle	Mcintyre	F	3RD OA FEMALE	40 to 44	9:50 AM	22	550	0:10:00	0:01:59	22.00	0:10:00	14.8	0:30:00	29.60	59.20	0:10:00	2.79	0:20:00	07:10	27.90	109.10
Jackson	Matheny	M	1	Under 14	11:00 AM	15	375	0:10:00	0:02:55	15.00	0:10:00	11.0	0:30:00	22.00	44.00	0:10:00	1.55	0:20:00	12:54	15.50	74.50
Phillip	Mansueto	M	1	35 to 39	11:00 AM	23	575	0:10:00	0:01:54	23.00	0:10:00	12.1	0:30:00	24.20	48.40	0:10:00	3.13	0:20:00	06:23	31.30	102.70
Rocco	Mansueto	M	2	35 to 39	11:00 AM	23	575	0:10:00	0:01:54	23.00	0:10:00	11.8	0:30:00	23.60	47.20	0:10:00	2.79	0:20:00	07:10	27.90	98.10
Trey	Commander	M	1	40 to 44	9:15 AM	20	500	0:10:00	0:02:11	20.00	0:10:00	14.6	0:30:00	29.20	58.40	0:10:00	2.83	0:20:00	07:04	28.30	106.70
Steve	Milliron	M	2	40 to 44	8:40 AM	15	375	0:10:00	0:02:55	15.00	0:10:00	12.5	0:30:00	25.00	50.00	0:10:00	2.65	0:20:00	07:33	26.50	91.50
Patrick	Wortman	M	1	50 to 54	7:30 AM	21	525	0:10:00	0:02:05	21.00	0:10:00	15.1	0:30:00	30.20	60.40	0:10:00	2.67	0:20:00	07:29	26.70	108.10
Mark	Brock	M	1	55 to 59	9:50 AM	18	450	0:10:00	0:02:26	18.00	0:10:00	14.4	0:30:00	28.80	57.60	0:10:00	2.22	0:20:00	09:01	22.20	97.80
Steve	Bender	M	2	55 to 59	7:30 AM	19	475	0:10:00	0:02:18	19.00	0:10:00	13.7	0:30:00	27.40	54.80	0:10:00	2.34	0:20:00	08:33	23.40	97.20
John	Delaney	M	3	55 to 59	8:40 AM	14	350	0:10:00	0:03:07	14.00	0:10:00	11.3	0:30:00	22.60	45.20	0:10:00	1.67	0:20:00	11:59	16.70	75.90
Tom	Angsten	M	1	60 to 64	7:30 AM	23	575	0:10:00	0:01:54	23.00	0:10:00	14.9	0:30:00	29.80	59.60	0:10:00	2.15	0:20:00	09:18	21.50	104.10
James	Kearney	M	2	60 to 64	11:00 AM	18	450	0:10:00	0:02:26	18.00	0:10:00	14.5	0:30:00	29.00	58.00	0:10:00	1.92	0:20:00	10:25	19.20	95.20
Hutch	Smith	M	1	65 to 69	7:30 AM	17	425	0:10:00	0:02:34	17.00	0:10:00	11.2	0:30:00	22.40	44.80	0:10:00	1.11	0:20:00	18:01	11.10	72.90
Larry	Nelson	M	1	70 to 74	9:50 AM	19	475	0:10:00	0:02:18	19.00	0:10:00	14.9	0:30:00	29.80	59.60	0:10:00	2.53	0:20:00	07:54	25.30	103.90
Taylor	Milliron	F	1	Under 14	8:40 AM	20	500	0:10:00	0:02:11	20.00	0:10:00	14.2	0:30:00	28.40	56.80	0:10:00	2.81	0:20:00	07:07	28.10	104.90
Anna	Thomson	F	2	Under 14	8:40 AM	25	625	0:10:00	0:01:45	25.00	0:10:00	13.5	0:30:00	27.00	54.00	0:10:00	2.15	0:20:00	09:18	21.50	100.50
Angie	Matheny	F	3	Under 14	7:30 AM	20	500	0:10:00	0:02:11	20.00	0:10:00	11.3	0:30:00	22.60	45.20	0:10:00	2.04	0:20:00	09:48	20.40	85.60
Jordan	Matheny	F	4	Under 14	11:00 AM	14	350	0:10:00	0:03:07	14.00	0:10:00	13.0	0:30:00	26.00	52.00	0:10:00	1.37	0:20:00	14:36	13.70	79.70
Maia	Delaney	F	1	15 to 19	8:40 AM	22	550	0:10:00	0:01:59	22.00	0:10:00	13.1	0:30:00	26.20	52.40	0:10:00	2.06	0:20:00	09:43	20.60	95.00
Sarah	Martin	F	1	20 to 24	8:40 AM	22	550	0:10:00	0:01:59	22.00	0:10:00	10.6	0:30:00	21.20	42.40	0:10:00	2.14	0:20:00	09:21	21.40	85.80
Leslie	Gentry	F	1	30 to 34	9:50 AM	22	550	0:10:00	0:01:59	22.00	0:10:00	10.7	0:30:00	21.40	42.80	0:10:00	2.98	0:20:00	06:43	29.80	94.60
Tonya	Hopper	F	2	30 to 34	9:15 AM	16	400	0:10:00	0:02:44	16.00	0:10:00	11.6	0:30:00	23.20	46.40	0:10:00	1.22	0:20:00	16:24	12.20	74.60
Laura	Porter	F	1	35 to 39	8:40 AM	20	500	0:10:00	0:02:11	20.00	0:10:00	13.9	0:30:00	27.80	55.60	0:10:00	2.50	0:20:00	08:00	25.00	100.60
Melea	Wade	F	2	35 to 39	7:30 AM	22	550	0:10:00	0:01:59	22.00	0:10:00	12.8	0:30:00	25.60	51.20	0:10:00	1.37	0:20:00	14:36	13.70	86.90
Tammy	Parks	F	3	35 to 39	7:30 AM	14	350	0:10:00	0:03:07	14.00	0:10:00	11.9	0:30:00	23.80	47.60	0:10:00	2.24	0:20:00	08:56	22.40	84.00
Kristen	Prophater	F	1	40 to 44	7:30 AM	17	425	0:10:00	0:02:34	17.00	0:10:00	14.4	0:30:00	28.80	57.60	0:10:00	2.17	0:20:00	09:13	21.70	96.30
Amber	Milliron	F	2	40 to 44	8:40 AM	20	500	0:10:00	0:02:11	20.00	0:10:00	12.9	0:30:00	25.80	51.60	0:10:00	2.04	0:20:00	09:48	20.40	92.00
Mikhaile	Spence	F	3	40 to 44	7:30 AM	14	350	0:10:00	0:03:07	14.00	0:10:00	13.5	0:30:00	27.00	54.00	0:10:00	1.96	0:20:00	10:12	19.60	87.60
Kristen	Granberry	F	4	40 to 44	9:15 AM	16	400	0:10:00	0:02:44	16.00	0:10:00	10.3	0:30:00	20.60	41.20	0:10:00	1.56	0:20:00	12:49	15.60	72.80

Diana	Strange	F	1	45 to 49	8:40 AM	16	400	0:10:00	0:02:44	16.00	0:10:00	14.0	0:30:00	28.00	56.00	0:10:00	2.40	0:20:00	08:20	24.00	96.00	
Tamatha	Farrow	F	2	45 to 49	9:15 AM	19	475	0:10:00	0:02:18	19.00	0:10:00	12.6	0:30:00	25.20	50.40	0:10:00	1.87	0:20:00	10:42	18.70	88.10	
Nancy	Olson	F	3	45 to 49	7:30 AM	16	400	0:10:00	0:02:44	16.00	0:10:00	12.7	0:30:00	25.40	50.80	0:10:00	2.01	0:20:00	09:57	20.10	86.90	
Marina	Delaney	F	1	55 to 59	8:40 AM	23	575	0:10:00	0:01:54	23.00	0:10:00	12.1	0:30:00	24.20	48.40	0:10:00	2.08	0:20:00	09:37	20.80	92.20	
Monica	Blanton	F	2	55 to 59	9:50 AM	15	375	0:10:00	0:02:55	15.00	0:10:00	11.9	0:30:00	23.80	47.60	0:10:00	2.36	0:20:00	08:28	23.60	86.20	
Mary	Barbaretta	F	1	60 to 64	11:35 AM	13	325	0:10:00	0:03:22	13.00	0:10:00	9.0	0:30:00	18.00	36.00	0:10:00	1.64	0:20:00	12:12	16.40	65.40	
Blake	Webber	M			8:40 AM	13	325	0:10:00	0:03:22	13.00	0:10:00	10.7	0:30:00	21.40	42.80	0:10:00	2.05	0:20:00	09:45	20.50	76.30	